# VIA IBERICA (Spain)

#### 4<sup>rd</sup> Edition - 24th-30th October 2021 RULES

## 1/ ORGANISERS

La VIA IBERICA is organised by CIRCUMBI created by Gilles Alberty.

# 2/ THE TRIAL

The VIA IBERICA is a 7 stages race held over 7 days, covering a total of 450 km. With the first 15 km in France, the majority of the course is in Spain (Aragon and Catalonia). The race

starts from Urdos (France, Dept. 64) on **Sunday 24<sup>th</sup> October 2021** and finishes at Riumar (Catalonia, Spain) on **saturday 30<sup>th</sup> October 2021**.

The VIA IBERICA is a long distance race, but not an official competition under the terms given by the FFA ("Fédération française d'athlétisme"), and does not appear on their official racing schedule. The competitors participate knowing, and at their own risk, that they will be competing on roads open to general traffic.

## **3/ REGISTRATION CONDITIONS**

In order to register, all competitors must be over 18 years old and able to justify performances related to long distance endurance events. The Organisers will choose participants on a case by case basis.

The race is limited to 32 competitors and 8 accompanying officials (escorts). **Registration for the participants is set at 650**  $\in$  **for competitors, and 550**  $\in$  **for escorts "all inclusive"** (specific price for participants (500  $\in$ ) and escorts (400  $\in$ ) who don't stay the hotels and the gymnasium.

A pre-inscription deposit of 100 € is required in order to secure your participation. In case of cancellation after 15<sup>th</sup> June 2019, this amount will not be refunded. The total amount must be paid before 15<sup>th</sup> August 2019. A sum of 200 € will be retained for all withdrawals made after midnight 30<sup>th</sup> September 2019.

**Cheques should be made payable to "CIRCUMBICI" or payment made via bank transfer** (IBAN details to be provided upon inscription).

# 4/ RACE START CONTROL

All registered participants must be present in Urdos, before 17h00 on saturday 23<sup>th</sup> October 2021. Accommodation is included in the package "all inclusive" from Friday.

# 5/ SEQUENCE OF STAGES – TIME LIMITS

5.1 - The first stage will begin at 9h00 and the second stage at 8h35. The other five stages will start at either 6h00, 6h30, or 7h00 depending on the average speeds carried out over the first two stages, and/or depending on the form of the competitors. This decision will be taken by the race organisers.

For each stage, the finishing line will remain open up to the time calculated for an average speed of 5.8 km/h. The race organisers allow themselves the right to modify this average on Stage 3 (Fiscal-Alquezar) and Stage 5 (Sarinena-Caspe).

5.2 - The race organisers allow one (and just one) day "Wisout", it means one stage with an average under 5,8 km/h. The runner cans start the day after.

## **6.1/ FOLLOWING ESCORT VEHICLES**

For safety reasons, escort vehicles will not be able to follow the competitors continuously during the race, but are authorised at race refuelling stations (and only at these stations). Competitors are not permitted to take on board refreshments from a moving vehicle and, for similar safety reasons, followers by bike are not permitted amongst the competitors. The race organisers reserve the right to grant exemption to this rule from time to time as they see fit.

#### 6.2/ THE 'HIGHWAY CODE'

Traffic remains open for the duration of the race: drivers and their escorts must respect the rules of the road at all times. For their own safety, competitors should proceed on the left-hand side of the road, facing on-coming traffic, unless the conditions are more preferable on the right-hand side (i.e. cycle paths, better-suited pavements, sharp left-hand or unsighted bends).

In case of repeated dangerous behaviour by a competitor or his/her escort, warnings may be issued which may lead to their expulsion from the race.

#### 6.3/ RACEWEAR

Competitors should take care to wear bright clothing in order to be visible at all times. On Stage 3 to Stage 7, from the race start to Refuelling Station 1, the wearing of a highvisibility security vest, a front light, and a flashing red light (on the back) is obligatory. These race wear requirements will equally be imposed for the crossing of the Petralba tunnel (2.6 km) on Stage 2.

#### 7/ REFUELLING STATIONS

On each stage, refuelling stations providing drinks, fresh fruit and vegetables, sweet and savoury foods, will be positioned approximately every 15 and 30 km, and then every 10 km up to the finish.

Escort vehicle personnel are not permitted to supply refreshments to their runners between refuelling stations. Refreshment from a moving vehicle is prohibited.

#### 8/ ROAD BOOK

The course is recognised and measured.

The complete Road Book will be given to competitors and their escorts. On some sections, vehicles will not be able to take the same route as the competitors. Each escorting driver will be given a detailed document indicating traffic features and restrictions on the runners' route.

#### 9/ COURSE ERRORS

Competitors are not allowed to enter a vehicle, even if stationary, between the start and finish of stages. Where competitors make errors by straying off the correct route, they must rejoin the race in the correct manner. Only race organisers'vehicles are authorised to return an errant competitor to the proper route.

#### **10/ CLASSIFICATIONS**

The VIA IBERICA result will not appear in official rankings publications.

#### **11/ UNRULY BEHAVIOUR – CLAIMS**

The competitors, along with their escorts, form a team. All unruly behaviour or rulebreaking by any member of the team will be attributed to the competitor. For this reason, each competitor is wholly responsible for the correct behaviour of their escorts.

#### **12/ BRIEFINGS**

A daily briefing will be given before the start of each stage, and will be presented in French, Spanish, and English.

#### **13/ ACCOMMODATION**

#### 8 nights included in the package "all inclusive":

- Hotel (3 nights) Urdos, Fiscal, Caspe
- Gymnasium (2 nights) Jaca, El Pinell de Brai
- Dormitory (1 night) Sarinena
- Auberge (1 night) Alquezar
- Apart-Hotel (1 night) Riumar

Whether it be in the hotel, auberge, Apart-hotel, or dormitory, the competitors and their escorts must share the rooms. Example: a room with 2 beds will be shared by 2 competitors or escorts. Some rooms can accommodate up to 4 people. The best possible distribution of accommodation will be made to suit everybody. If you have a particular 'wish list' regarding room-mate configuration, it will be necessary to inform the organisers as soon as possible. The showers in the gymnasium are to be used in the following order of priority:

- 1/ race competitors
- 2/ accompanying escorts
- 3/ volunteers

## 14/ MEALS

#### 8 evening meals are included in the package.

- The first meal is on friday evening 18<sup>th</sup> October in Urdos,
- The final meal on Friday evening 25<sup>th</sup> October at Riumar.

Vegetarian meals will be provided on some stages. Vegetarians should notify the organisers on their registration forms. There are no vegan meals provided.

#### 8 breakfasts are included in the package, (saturday 19th October to Saturday 26<sup>th</sup> October).

At the finishing point of each stage, each competitor and their escorts will be offered various savoury refreshments (sandwiches, soups, eggs, potatoes).

The VIA IBERICA is a non-smoking zone, and domestic animals are not allowed at any of the event's accommodation sites.

#### **15/ INSURANCE – LIAIBILITY**

By registering, all competitors accept and sign agreement to these rules and regulations, and must bring them to the attention of their escorts. Competitors and their escorts participate entirely at their own risk, and knowing that neither they nor their escorts shall be entitled to appeal whatsoever against the organisers, whether physically or morally. It is the responsibility of each competitor to check whether they are personally insured to participate in this type of event, and to choose whether or not to undergo a medical examination prior to competing.

#### **16/ REGISTRATION**

Registration is open from 1<sup>st</sup> of november 2020. See tariffs and conditions as laid out in Article 3.

In registering for the VIA IBERICA 2021, I accept these rules and regulations.

------ (Surname, First Name(s))

Signed: Date: